

## HIGHLAND HAWK HAPPENINGS

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"Fostering Excellence. Forging Character. Favoring Care."

UCA IS FULLY ACCREDITED BY THE MIDDLE STATES ASSOCIATION OF COLLEGES AND SCHOOLS, PHILADELPHIA, PA, USA

#### A MESSAGE FROM THE DIRECTOR

Dear Parents, Students, and Staff,

As we embrace the spirit of celebration during this festive spring season with both Easter and Fitr breaks, I want to take this opportunity to reflect on the journey we have undertaken this academic year. It's been a time of growth, resilience, and accomplishment for our entire school community.

I would like to extend my deepest gratitude to our dedicated educators, supportive parents, and hardworking students. Your commitment to our school's mission, academic excellence, creativity, and collaboration has been the cornerstone of our success.

During the upcoming breaks, I encourage everyone to take some well-deserved time for rest, relaxation, and rejuvenation. It is a chance to recharge, spend quality time with loved ones, and reflect on our achievements and aspirations.

Looking ahead to the remaining weeks of the school year, let's continue to embrace new challenges, foster a spirit of unity and inclusivity, and celebrate our unique learning environment.

I wish you all a blessed Fitr break filled with happiness, peace, and cherished moments with family and friends.

Warm regards,

Rola Malaeb Director

# AWARENESS SESSIONS: BODY IMAGE, CAREER, RECYCLING & DRUGS

At UCA, we believe in fostering holistic growth and providing our students with opportunities for comprehensive learning beyond traditional classroom settings. Throughout the month of March, we organized several awareness sessions, each designed to enrich our students' understanding and empower them to make informed decisions in various aspects of their lives.

<u>The Recycling Awareness Session</u> featured Dani Jurdi, a distinguished alumna now working with Go Green, who provided valuable insights into recycling and sustainability, inspiring responsible environmental stewardship.

<u>The Drug Awareness Seminar</u> for Grade 10 and 11 students, conducted by SIDC, aimed to empower students with knowledge about substance abuse dangers, equipping them to make informed choices for their well-being.

In collaboration with "Forward Mena," <u>the Career Awareness Session</u> for Grade 10 and 11 students highlighted future job prospects and essential skills, reflecting our commitment to preparing students for successful careers.

Our counseling and health departments organized a session on <u>'Body Image & Eating Disorders'</u> for Grades 7 and 8, emphasizing the importance of mental and physical well-being through meaningful discussions and fostering a supportive environment for open dialogue.

### FOSTERING COLLABORATION

In the spirit of fostering collaboration among schools in our community and connecting with creative, preserving learners, both Maroun Aboud Official School and UCA recently engaged in an inspiring exchange.

Firstly, students from Maroun Aboud Official School visited UCA, spending valuable time with our high school class of 11ADP. They shared their experiences in robotics and coding, as students from both schools came together to exchange ideas and share experiences in STEAM (Science, Technology, Engineering, Arts, and Mathematics).

Following this our Grade 11S students reciprocated by visiting Maroun Aboud's STEAM LAB. This collaborative engagement further enriches the educational experiences for both sets of learners.





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### **DIMPORTANT DATES**

March 28 till April 2 Western Easter Holiday (No School)

April 8

Report Card Distribution (Q3)

April 10

Eid El Fitr (No School)

May 1 till May 6

Eastern Easter Holiday (No School)

# + HEALTH CLINIC +

UCA Health Department would like to bring your attention to an essential matter – March is Kidney Awareness Month. Adopting a healthy lifestyle can significantly reduce the risk of kidney disease. Maintaining a balanced diet, staying hydrated, exercising regularly, managing blood pressure and blood sugar levels, avoiding smoking, and limiting alcohol consumption are all essential factors in preventing kidney disease. To learn more about this disease, *click HERE*.

# PARENTING DISCIPLINE TIPS

Navigating consequences and punishments for positive growth involves understanding the impact of actions, taking responsibility, and actively seeking opportunities for improvement. It is about viewing setbacks as learning experiences rather than exclusively punitive measures.

At UCA, we believe it is important to address this matter and share some tips to help you balance between punishments v/s consequences.

Read Article HERE

For additional quidelines, click HERE

#### **WORLD WATER COMPETITION**



Congratulations to our excellent student, Layan Jaber, for winning 2nd place in the World Water Day Competition 2024, organized by the Environmental Health Department at the Faculty of Health Sciences (FHS) at the American University of Beirut (AUB). We are incredibly proud of your creativity and achievement!

#### **DEBATE**

Our Grades 12BAC and 10 students showcased their confidence and intellectual proficiency during lively debates on thought-provoking topics.

Grade 12BAC students explored the relevance of philosophy and science, analyzing their impact on societal values, critical thinking skills, and ethical decision-making. Delving into various aspects, our students demonstrated a sophisticated understanding and engaged in meaningful discourse, showcasing the diverse perspectives within our community.

Grade 10 students debated the legalization versus illegalization of drugs and their societal implications. They examined the advantages and disadvantages of drug use, particularly for medical purposes, exhibiting their confidence in expressing viewpoints and fostering insightful discussions.

We are immensely proud of our students for their intellectual curiosity and their ability to engage in such important conversations.

#### MATH WORLD DAY



On March 14, we celebrated World Math Day at UCA! Students and teachers enthusiastically immersed themselves in the world of numbers, putting their math knowledge to the test. *Click Here* 



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#### **GRADE 12 VISIT TO LEBANESE PARLIAMENT**

Grade 12 UCA students embarked on an enlightening journey into the heart of Lebanese governance. Through a captivating social studies activity, they explored the Lebanese Parliament firsthand, engaging in discussions and conducting insightful interviews with Parliament representatives.

This immersive experience not only deepened their understanding of civic processes but also fostered a spirit of active citizenship among our students. We are immensely proud of their enthusiasm and curiosity throughout this enriching day.

#### PRESCHOOL MOTHER'S DAY CELEBRATION

On March 21st, our preschoolers took center stage to honor the special women in their lives during our Mother's Day celebration. The stage was adorned with colorful decorations as our little ones showcased their love, appreciation, and creativity in a heartwarming performance dedicated to their moms.

The stage came alive with songs, dances, and recitations, each act a testament to the unique bond between mother and child. Whether it was a sweet serenade, a lively dance routine, or a touching poem, every performance was a reflection of the deep love and gratitude our preschoolers have for their moms.

We extend our heartfelt thanks to all the mothers who joined us for this special celebration, as well as to our dedicated teachers and staff who helped make this event a success.



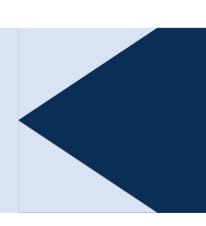
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### **HONOR ROLL QUARTER 3 RESULTS**









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