



# HIGHLAND HAWK HAPPENINGS

February 2024

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*"Fostering Excellence. Forging Character. Favoring Care."*

UCA IS FULLY ACCREDITED BY THE MIDDLE STATES ASSOCIATION OF COLLEGES AND SCHOOLS, PHILADELPHIA, PA, USA



## A MESSAGE FROM THE DIRECTOR

Dear UCA Parents and Guardians,

As March begins, I find myself reflecting on the growth and progress we've witnessed within our school community. This month infuses us with a fresh energy as we welcome the changing seasons and the opportunities they bring.

With the transition from winter to spring, a sense of renewal and anticipation fills the air. Our students will start engaging in various educational activities and outdoor experiences that foster growth, creativity, and exploration.

March is also an important time to honor our dedicated educators during Teacher Appreciation Month. It's an opportunity to express our heartfelt gratitude for their unwavering commitment to guiding our students' growth and leaving a lasting impact on our school community.

I'm pleased to inform you that UCA is currently preparing for our reaccreditation. This rigorous process underscores our commitment to maintaining the highest standards of educational excellence and continuous improvement. Our school community is buzzing with learning and productivity as we collaborate to showcase our achievements and set new goals for ongoing enhancement. We remain committed to providing an exceptional learning environment that nurtures every aspect of our students' development.

As always, your feedback and involvement play a crucial role in our journey. If you have any questions or suggestions regarding our reaccreditation process or any other facet of our school community, please don't hesitate to reach out to us.

Warm regards,

Rola Malaeb  
Director

## MUN AND MAL CONFERENCES

UCA had the honor of receiving several awards at the Model United Nations (MUN) and Model Arab League (MAL) conferences for the year 2024, which were hosted at the LAU campus. Our students have consistently made us proud, and we firmly believe that their achievements wouldn't have been possible without the continuous support and dedication from their teachers. We praise all our participants who dedicated countless hours to practicing and refining their leadership skills.

Special recognition goes to our delegates who returned with awards:

- Rayan Nasr (11S) for Secretary General
- Reem Saad (12ADP) for Outstanding Position Paper
- Adam Adnan (12ADP) for Diplomacy
- Reem Sultan (11S) for Outstanding Position Paper
- Rena Bou Shahin (11S) for Diplomacy
- Wajeb Shehayeb (11S) for Diplomacy
- Layan Jaber (11S) for Outstanding Position Paper
- Rachelle Nawfal (10B) for Diplomacy

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Well done to all the participants! Your achievements make us all proud!

## FIRST MAP GROWTH TEST

UCA students experienced their first MAP Growth test, with one more to go this year. Positive feedback was received from both proctors and students. Teachers in charge will analyze these results and focus on students weak points.

Identifying and addressing these areas of improvement will not only enhance individual student performance but also contribute to the overall academic growth and success of our UCA community.



## IMPORTANT DATES

**March 5**

Progress Report Card Distribution (Q3)

**March 11**

Teacher Appreciation Holiday (No School)

**March 18, 20, 22, 25, & 27**

2<sup>nd</sup> Trial for Grade 12

**March 20, 22, 25, & 27**

2<sup>nd</sup> Trial for Grade 9

## HEALTH CLINIC

UCA Health Department would like to bring your attention to an essential matter – February is Heart Disease Awareness Month. Maintaining a healthy heart is about more than just genetics; it's about lifestyle choices and habits that we instill in our families from a young age. By promoting heart-healthy behaviors early on, we can significantly reduce the risk of heart disease in our children's future. Here are some tips to help you reduce the risk of Heart Disease. To learn more about this disease, [click HERE](#).

## PARENTING DISCIPLINE TIPS

In today's digital age, managing screen time for children has become increasingly important. As we navigate the balance between technology and other enriching activities, setting clear boundaries can foster healthy habits and promote well-being.

At UCA, we believe it is important to address this matter and share some tips to help you balance your children's time.

[Read Article HERE](#)

[For additional guidelines, click HERE](#)

## UCA SOCCER TEAM



The UCA soccer team emerged victorious in the Aley Region tournament, organized by the Ministry of Education & Higher Education (MEHE).

## POSITIVE AFFIRMATION SPIRIT DAY

At UCA, we believe in the power of positivity and the strength that comes from fostering a supportive community. That's why we had this month Positive Affirmation Spirit Day on campus. We all came together to celebrate and uplift one another through words of encouragement and kindness.

Positive Affirmation Spirit Day is more than just an event—it's a mindset that we can carry with us every day and an opportunity for us to cultivate a culture of positivity, acceptance, and self-love within our school community. By affirming our own worth and the worth of those around us, we can create an environment where everyone feels valued and supported.

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## PRESCHOOL COMMUNITY VISITS

At UCA, we believe in nurturing not just academic excellence but also a strong sense of community from an early age. Our recent excursions with our KG2 and KG3 students to the Red Cross, the Firefighter Station, and Carrefour Supermarket were enriching experiences that underscored the importance of community helpers in shaping our society.

During these outings, our dedicated teachers facilitated engaging interactions between our students and the community helpers. From learning about first aid at the Red Cross to understanding fire safety procedures at the Firefighter Station, our students were eager participants in hands-on activities. They discovered the significance of collaboration and teamwork in ensuring the safety and well-being of our community. We extend our heartfelt gratitude to the Red Cross, the Firefighter Station, and Carrefour Supermarket for warmly welcoming our students and for their invaluable contributions to their education. Together, we will continue to explore, learn, and grow as responsible members of our society.



## CARE AND KINDNESS SPIRIT DAY

February is the month of love, UCA students came together in a remarkable display of generosity and compassion as they rallied to support the Red Cross through donations. From heartfelt gestures to simple acts of kindness, every contribution made a significant difference. We extend our sincere gratitude to everyone who participated in this inspiring initiative. Your generosity serves as a powerful reminder that even the smallest gestures can have a profound impact on someone's life.

As we reflect on this event, let us carry its spirit forward, not just for today, but every day. Together, let us continue to create a world filled with empathy, understanding, and love.

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## 100 DAYS OF SCHOOL SPIRIT DAY

100 Days of School! In just 100 days, we have witnessed the birth of new friendships, absorbed countless lessons, and collectively progressed in remarkable ways. Our classrooms have been filled with hard work, laughter, and notable achievements, creating a vibrant learning environment that inspires us all.

We couldn't have reached this milestone without your invaluable parental guidance and support. As we reflect on this achievement, let's seize the momentum and enthusiasm that have brought us this far. Together, let's embark on the journey of the next 100 days and beyond, fueled by the same dedication and passion for knowledge. Here's to the countless moments of discovery and growth that lie ahead!

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