

# Notes from the SCHOOL NURSE



## Beginning of Year Clinic Procedures for Parents

"PROTECT, PROGRESS, PERSEVERE"

SEPTEMBER 2022

### WHEN YOUR CHILD SHOULD STAY HOME FROM SCHOOL

You don't want your child to miss school, but neither do you want to send a sick child to school. When should your child stay home? Here are a few guidelines we ask you to follow:

- **FEVER:** Fever is an important symptom; when it occurs along with sore throat, ear ache, nausea, listlessness, or rash, your child may be very contagious. Please keep a child home during the course of a fever and for an additional 24 hours after the fever has passed.
- **DIARRHEA AND VOMITING:** Diarrhea and vomiting make a child very uncomfortable, and being near a bathroom becomes top priority. If your child has repeated episodes of diarrhea and/or vomiting with or without a fever, please keep your child out of school.
- **RASH:** Rashes are a body's reaction to an allergen or a viral infection. Please keep your child home until a doctor determines the cause of the rash and whether or not the child is contagious.
- **LICE:** Once lice are brought into a home or school, they can quickly produce an epidemic of itching and scratching. You will be given directions as to the most effective way to disinfect your child and your home environment. Please keep the child home for 24 hours after treatment has started.

### WHEN YOUR CHILD NEEDS TO TAKE MEDICATION DURING SCHOOL HOURS

Some students may need to take medication during school. Here are our procedures for administering medication during the school day:

- Medications from home must be sent directly to the clinic and given to the nurse along with a prescription.
- Please call the nurse to relay the medication and dosage the doctor prescribed your child.
- Students are to come to the clinic to be administered their medications at their prescribed time.
- If the nurse is absent, all medications should be sent to the supervisor or to the administration and the medication will be dispensed according to the prescription.
- STUDENTS ARE NOT ALLOWED TO KEEP THEIR MEDICATION IN THEIR BACKPACKS.
- STUDENTS ARE NOT ALLOWED TO TAKE ANY MEDICATION ON THEIR OWN.

### WHEN YOUR CHILD GOES TO THE CLINIC

- Should your child have to go to the clinic, the nurse will contact you via EduFlag (phone app) and/or a phone call depending on the severity of the injury. Please follow up with your child to see how he or she is feeling.

### UPDATE EMERGENCY CONTACT INFORMATION

Please make sure to update your phone number as well as emergency contact numbers so that we can reach you or another responsible adult during the day, should your child need medical attention.

### HOW TO CONTACT THE SCHOOL NURSE

To contact the nurse directly, please call:

961 25 556665 – 2554000, Ext 217

### WHEN YOUR CHILD HAS A CRITICAL CASE

Should your child have a critical medical case, the nurse will need to be in constant contact with you. As a result, these parents will be provided the nurse's personal cell number. All other parents are asked to call the school.

### UPCOMING CLASSROOM VISITS

The nurse will conduct 15-minute classroom visits during the first week of school. Topics for discussion include:

- when to go to the nurse;
- how to go to the clinic;
- when and how to take medication at school;
- personal hygiene; and
- a discreet individual student inspection for lice.



**N.B: WHEN SCHOOL OR SCHOOL NURSE MAKE A CALL TO SEND A CHILD HOME PARENTS SHOULD COME TO SCHOOL WITHIN ONE HOUR MAX.**